

CURRICULUM MAP

SUBJECT: Physical Education

Grade Level: K – 4

rev 11/07

FIRST QUARTER	SECOND QUARTER	THIRD QUARTER	FOURTH QUARTER
<p>September – October</p> <ul style="list-style-type: none"> • Fire Drill Routine • Non-Locomotor Skills • Physical Fitness Testing (3rd & 4th Only) • Cooperative Games • Football • Soccer • Kinesthetic Awareness • Locomotor Skills • Intro to Bones & Muscles • Intro Life Skills related to sport 	<p>November – December - January</p> <ul style="list-style-type: none"> • Non-Locomotor Skills • Locomotor Skills • Basketball • Volleyball • Floor Hockey • Fitness-Based Activities • Nutrition Concepts • Life Skills related to Sport 	<p>February – March</p> <ul style="list-style-type: none"> • Non-Locomotor Skills • Locomotor Skills • Tumbling • Apparatus (CE & COH) • Dance • Circus Arts • Life Skills related to Sport 	<p>April – May – June</p> <ul style="list-style-type: none"> • Racquet Sports • Lifetime Sports • Striking Skills • Track & Field • Physical Fitness Testing (3rd & 4th Only) • Adventure Education Activities • Competition Concepts • Life Skills related to Sport

